



MAPLE CREEK ELEMENTARY SCHOOL

2025 East Teague, Fresno, CA, 93720
PH (559)327-7300 FAX (559) 327-7394

Sonora Outdoor School- Maple Creek 6th Grade Trip Wednesday, November 3, through Friday, November 5, 2021

Gina Kismet
Principal

Josh Turpin
Guidance
Instructional
Specialist

The countdown is beginning for our departure on our three-day trip to the Regional Learning Center in Sonora. This trip is an annual event for C.U.S.D. sixth graders, and it has always been an exciting and worthwhile part of the educational program.

The total cost of the trip is \$225.00 per student (*which covers the 3 days and 2 nights of food and lodging at the RLC*). This must be paid prior to the trip, due by Wednesday, October 13, 2021. If there are financial circumstances that the school should be made aware of, please discuss this with your child's teacher or call Mr. Turpin, as we certainly do not want any child to miss this trip. Mrs. Armstrong, Mrs. Catallo and Mr. Rice will be going on the trip with our students. Mr. Turpin will also plan to be with the group at least part of the time.

Attached is some important information:

1. LETTER FROM THE REGIONAL LEARNING CENTER

2. CLOTHING CHECKLIST: This is intended to help you and your child pack for the trip. The elevation at the Regional Learning Center is about 6000 feet, so students can expect some fresh mountain air. Weather is normally cool this time of year – jackets in the morning, sweatshirts during the day, gloves and hats are a good idea as well.

3. CAMP CONDUCT RULES: In the interest of safety and order, the Regional Learning Center stipulates and adheres to some important rules. Please take a few minutes to go over these with your child. **If the RLC rules, or Maple Creek rules, are violated, parents will be responsible for coming up to the Center to pick up their children.**

4. DIRECTIONS TO THE LEARNING CENTER

5. MAP OF THE REGIONAL LEARNING CENTER

6. SIERRA OUTDOOR SCHOOL ENROLLMENT AND HEALTH FORM: This form must be filled-out completely. It is both an enrollment form and an emergency procedure card. Although we don't anticipate an emergency at the Regional Learning Center, it is important that we have accurate information on hand should it be needed. **This form is due on or before Wednesday, October 13th.**

7. SIERRA OUTDOOR SCHOOL SPECIAL DIETARY NEEDS: Please complete this form if your child has special dietary needs and give it to your child's teacher as soon as you can. **This form is due on or before Wednesday, October 13th.**



Committed to Excellence for All Students!

California State Distinguished School 1998, 2006, 2010 -Gold Ribbon School 2016

8. **MAPLE CREEK MEDICATION ORDER FORM: This form is due on or before Wednesday, October 13th.** This form must be completed for all medications. If the medication is not on this form, it cannot be taken on the trip.

IMPORTANT DATES

Thursday, September 23 @ 5:30 p.m. via Zoom there will be an informational meeting for all parents about the trip.

THURSDAY, OCTOBER 7th: Parent Chaperone payments are due. The cost for the adult chaperones is the same as the student cost. Payments must be submitted through Permission Click:

WEDNESDAY, OCTOBER 13: All forms and payments are DUE!

- Sierra Outdoor School Enrollment and Health form: hard copy completed and turned into your teacher
- Sierra Outdoor School Special Dietary Needs form: if needed, hard copy completed and turned into your teacher
- CUSD Medication at School Order form: hard copy completed and turned in to the Maple Creek Health Office. **THIS IS IMPORTANT: NO FORM, NO MEDICINE.**
- Payment paid in full (online through Permission Click or cash payment delivered to the classroom teacher). **Checks must be made payable to Clovis Unified School District.**

TUESDAY, October 26TH: At 7:30 a.m. in the technology lab, there will be a *mandatory* meeting for parent chaperones. All parent chaperones must attend.

WEDNESDAY, NOVEMBER 3: DEPARTURE TIME – 6:30 a.m. **Students should arrive no later than 6:00 am.** Bags and luggage should be clearly labeled and dropped in front of the school. Student helpers will be waiting to receive the luggage. Students are then to report to the cafeteria and be ready for roll call by **6:15 a.m.** Students will place their bagged lunches, clearly labeled with their names, in their team boxes on the stage. Again, all students should arrive by **6:00 a.m.**

FRIDAY, NOVEMBER 5: Return home. Students arrive back at Maple Creek around 12:00 p.m. They will eat lunch on campus and will be ready for pick up at 1:30 p.m. The school office will be notified of any change or delays, and we will do our best to communicate to parents. Please arrive promptly to pick up your student.

Please note: all permission slips and payments must be completed online through Permission Click. The link to the Permission Click permission slip will be emailed to you by your child's teacher. If you do not have computer or internet access, please contact Sara Eisele, Office Manager, at 327-7300 for assistance.

I am looking forward to a great trip, full of learning and exploration.

Thank you,



Josh Turpin

Guidance Instructional Specialist
Maple Creek Elementary



Sierra Outdoor School

at Five Mile Creek

Clovis Unified School District

Dear Parents or Guardians,

First and foremost, we hope that you and your loved ones are safe and healthy. We have received questions from parents about if and how COVID-19 will affect Sierra Outdoor School. We know this pandemic has been stressful to many and recognize that socializing and interacting with peers can be a healthy way for children to cope with stress and connect with others, particularly after spending quite a bit of time at home. After careful thought and planning, we are excited to let you know that our re-opening plan has been approved by our local health department to resume outdoor school while following CDC considerations to protect students, families, and our community.

The health and safety of our students and staff continue to remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are reducing COVID-19 risk as much as possible.

- Daily symptom checking to monitor the health and well-being of staff and participants will be done by the visiting school.
- Intensifying cleaning and disinfection practices within our facilities and premises by cleaning and disinfecting frequently touched surfaces three times per day, (e.g., drinking fountains, railings, light switches, doors, and door handles), cleaning and disinfecting classroom objects if they are shared, cleaning and disinfecting transport vehicles (e.g., buses or vans), and ensuring safe and correct use and storage of EPA approved disinfectant.
- Per the CDC Guidance for Operating Youth and Summer Camps During COVID-19 dated May 28, 2021 and the CDPH K-12 School Guidelines dated August 2, 2021, participants who are staying together in a cabin, bunkhouse, or similar defined space will be considered a "household cohort." Household cohorts should wear a mask when in the dorms as much as possible. Students will not be required to wear a mask when they go to bed.
- Household cohorts will remain together as much as possible throughout the day for meals, classes, and trail groups.
- All students, chaperones, and staff will wear a mask when they are indoors. They will also wear a mask in the dining hall except when seated and eating. Masks are to be worn in classroom spaces as well.
- When sleeping household cohorts will sleep head-to-toe.
- Masks will not be required outdoors but physical distancing will need to be maintained as much as possible between household cohorts.

Eimear O'Farrell, Ed. D.
Superintendent
1450 Herndon Ave
Clovis, CA 96611

Rees Warne, Director
15700 Old Oak Ranch Rd
Sonora, CA 95370
209-532-3691
www.sos.cusd.com

- Participants are asked to bring face coverings (bring a supply of 2 masks per day of attendance) for times that face coverings are required.
- Healthy hygiene practices will be promoted by teaching participants the importance of washing hands with soap and water for at least 20 seconds, monitoring participants to make sure they are washing their hands, providing participants with hand sanitizer with at least 60% alcohol when they don't have easy access to soap and water, encouraging children to cover their coughs and sneezes with a tissue or to use the inside of their elbow, and posting signs about these healthy habits around the facility.
- Masks will be worn during transportation on buses.
- Meals will be prepared and placed on an individual container or in a paper sack for outdoor dining.
- If a participant does get sick at camp, we have identified an area where they can rest, be watched after, and safely isolate from others. Your school's teacher or administrator will communicate with parents or caretakers directly and, if necessary, will coordinate the participant's transportation to a healthcare facility or their transportation home.
- Contact tracing will occur immediately by the visiting schoolteachers or administrators for any confirmed positive COVID-19 cases. The visiting group will determine close contacts and immediately send symptomatic participants home to quarantine. Unvaccinated asymptomatic participants will be sent home for modified quarantine. Vaccinated close contacts will not be required to quarantine.

We ask that you and your child's school help us protect the health of participants and our staff. Anyone who is sick or was sick with COVID-19 or was in contact with someone with COVID-19 prior to the trip to SOS— including staff, students, and chaperones— need to follow the latest K-12 guidelines by the California Department of Public Health dated August 2, 2021 found on this link: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>. Be on the lookout for symptoms of COVID-19, which include fever, cough, shortness of breath, chills, muscle pain, sore throat, vomiting and diarrhea, and loss of taste or smell. Call your doctor if you think you or a family member is sick.

If you have a specific question about this plan or COVID-19, please contact your child's school for more information.

We look forward to seeing you.

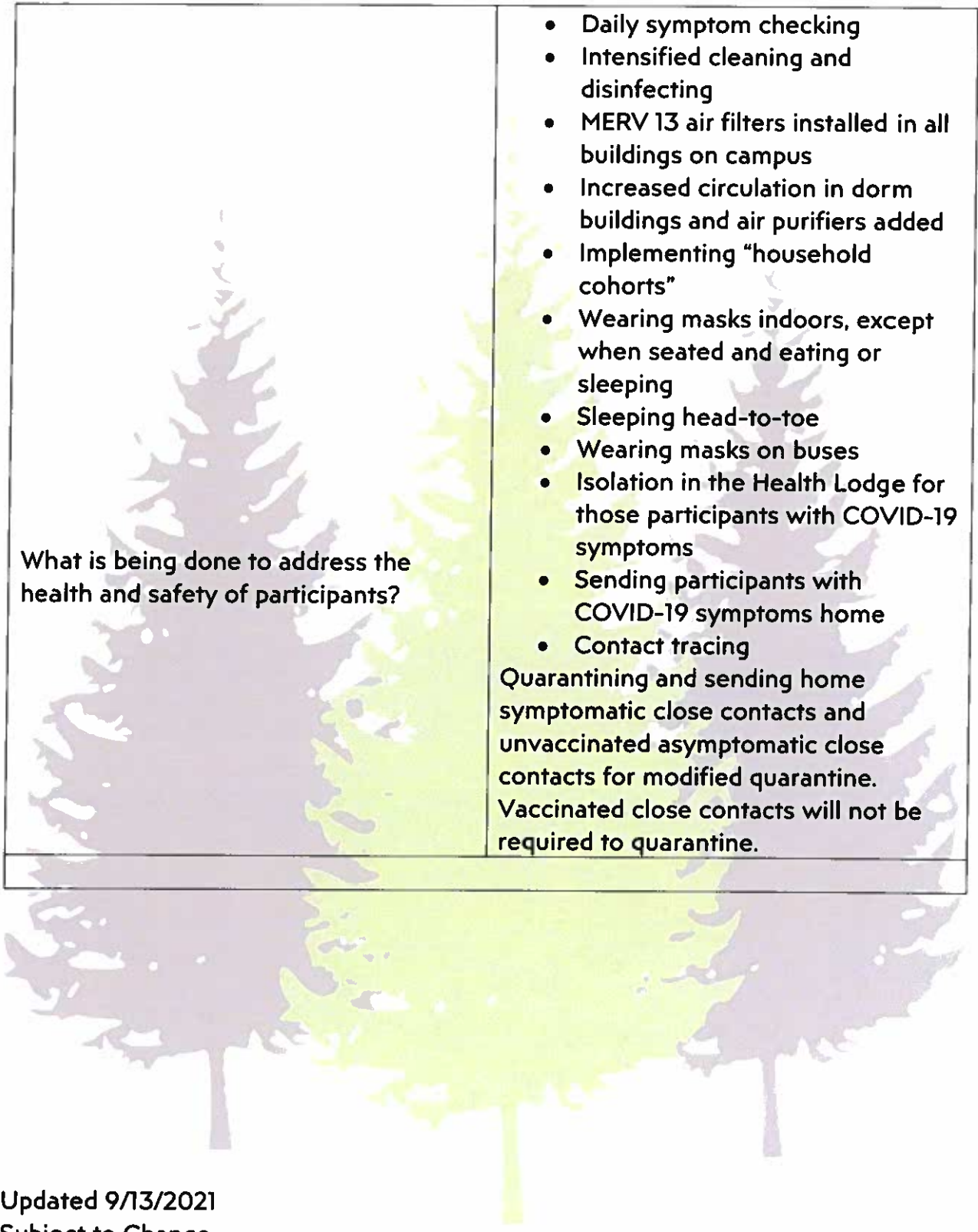
Thank you and stay healthy,

Rees Warne
Director - Sierra Outdoor School

Sierra Outdoor School COVID FAQs

Question	Answer
Who is required to follow and complete all current CDPH/CDC procedures for isolation if exposure to a positive case occurs before arriving at SOS?	All students, staff, and chaperones
Can participants who have had a positive viral test in the 90 days prior to camp attend SOS?	Yes, if they have met the criteria to end isolation and have a letter from their health care provider documenting the positive test date and clearing them to end isolation.
Who will be required to undergo health screenings?	All participants
When will health screenings be required?	<p>Prior to attending SOS, unvaccinated participants should self-screen for COVID-19 for a 10-day period.</p> <p>Before boarding transportation to SOS all participants, chaperones, and staff will be screened. If a participant has a temperature of 100 ° or higher or other COVID-19 symptoms they will not be able to attend.</p> <p>Visiting school staff will also check participants for symptoms each morning before breakfast. Students experiencing symptoms will isolate in the SOS Isolation Room and be monitored by staff. If believed to be a potential or confirmed case of COVID-19, the school staff will conduct contact</p>

	tracing and arrangements will be made to transport the participant home.
Will masks be required on buses?	Yes
Will masks be required inside?	Yes, including inside assigned dorms.
Will masks be required inside the dining hall?	Yes, except when seated and eating.
Will masks be required inside classrooms?	Yes
Will masks be required outside?	No, but physical distancing should be maintained as much as possible between household cohorts. Household cohorts should remain together for meals, classes, and trail groups.
Will masks be required while sleeping?	No
How many masks should a participant pack?	At least 2 masks per day of attendance
Will students stay in stable cohorts?	Yes, students and chaperones will be placed in stable "household" cohorts and will stay together in their dorms.
Will food be served "family style?"	No, all food will be prepared and placed in an individual container for indoor dining or paper sack for outdoor dining.
How will sleeping be arranged?	Students will sleep head-to-toe with beds arranged with an X marking the position of the participant's head.
What will happen if my child becomes ill?	If a child becomes ill or has or develops a temperature of 100 ° or above, they must go home. They will be housed in the Health Lodge as they wait for their parents/guardians to pick them up from SOS. Unusually high temperatures, i.e. 104 ° may require transport to the emergency room.
Do chaperones need to be vaccinated for COVID-19?	Yes, or have a negative test within 72 hours of arriving at SOS. Antigen tests are also acceptable if conducted within 24 hours of arrival.
Do staff need to be vaccinated for COVID-19?	Yes, or test weekly prior to attending SOS.



What is being done to address the health and safety of participants?

- Daily symptom checking
- Intensified cleaning and disinfecting
- MERV 13 air filters installed in all buildings on campus
- Increased circulation in dorm buildings and air purifiers added
- Implementing “household cohorts”
- Wearing masks indoors, except when seated and eating or sleeping
- Sleeping head-to-toe
- Wearing masks on buses
- Isolation in the Health Lodge for those participants with COVID-19 symptoms
- Sending participants with COVID-19 symptoms home
- Contact tracing

Quarantining and sending home symptomatic close contacts and unvaccinated asymptomatic close contacts for modified quarantine. Vaccinated close contacts will not be required to quarantine.

Updated 9/13/2021
Subject to Change

SIERRA OUTDOOR SCHOOL PACKING LIST



The following is a list of clothing and equipment which will enhance your personal comfort while you are staying at Sierra Outdoor School. Do not bring anything that you worry about getting dirty or "gently used".

Please limit your luggage to a bedroll or a sleeping bag, a pillow, one duffel bag or suitcase and a school backpack. **Label everything with your name and your school's name.**

Pack in your suitcase/duffel:

- o T-shirts
- o Long pants
- o Underwear
- o Socks
- o Sleepwear
- o Sweater/sweatshirt/jacket
- o Rain jacket or poncho
- o 2 pair close-toed walking shoes
- o Sandals-for showering
- o Laundry bag/plastic bag
- o Flashlight
- o Towel, hand towel, and washcloth
- o Shampoo, body wash and deodorant
- o Toothbrush & toothpaste
- o Hairbrush/comb
- o Non-aerosol insect repellent (Spring)
- o Masks two/day

Winter Items (mid Oct.- mid May)

- o Thermal underwear
- o Long sleeve shirt(s)
- o Extra pair of pants
- o Warm coat
- o Warm hat
- o Wool/Synthetic socks
- o Gloves or mittens
- o Waterproof boots

Pack in your backpack:

- o Arrival day sack lunch
- o Reusable water bottle (at least 16 oz)
- o Sunscreen
- o Hat or cap
- o Pencils
- o Inexpensive camera
- o Chapstick
- o Small notebook

Sleeping:

- o Sleeping bag or bedroll
- o Pillow

Do not bring:

- o Gum and Sunflower Seeds
- o Electronic devices
- o Knives
- o Matches
- o Things of great value that could be misplaced, lost, or stolen

Chaperones and teachers need to bring the above items. They may also want to bring money for the soda/water/machines and gourmet coffee, and an alarm device (mobile phone, alarm clock, watch) to get students up in the morning.

SOS Store and Snack Shack Information



STORE

The store will be open at least once during your stay.

- Sierra Outdoor School T-Shirt - \$16.00
- Sierra Outdoor School Pencil - \$1.00
- Tree Cookie Necklace - \$2.00
- Owl Pellet Kit - \$3.00
- Obsidian Arrowheads - \$2.00
- Agate Slates – Small \$4.00, Medium \$8.00, Large \$10.00



SNACK SHACK

The snack shack will be open at least once during your stay. All snacks offered are nut free. Examples of items are listed below, along with additional varieties of snacks offered.

- Jerky, variety offered - \$2.00
- Reduced Fat or Baked Chips, variety offered - \$1.00
- Sunflower Kernels, variety offered - \$1.00
- Sparkling Juices - \$2.00

In addition to the store and snack shack, students may want to bring money for water/Powerade machines and for scheduled field trips.

Sierra Outdoor School Conduct Rules

1. Clovis Unified School District policies and the California Education Codes apply to all schools or groups coming to Sierra Outdoor School.
2. Students are not allowed anywhere without adult supervision—students should ALWAYS be with an adult.
3. Close toed shoes must always be worn outside. No sandals outside of the dorms.
4. Running is allowed in designated areas only. Please stay on pathways and walkways on the main campus. Do not cross over fences at any time.
5. Snacks should not be brought to SOS (we have of animals that may come indoors if they smell food, candy, or gum). Adults must collect any snack items and store them in an appropriate area. We do operate a snack shack at least once during a group's stay.
6. SOS is located in the Stanislaus National Forest. Use trash cans and recycling bins on campus. Collecting of forest items is to be done at direction of SOS staff.
7. Students are not allowed in the private residence area unless an SOS staff member is escorting a class to a trailhead.
8. It is very important that all students, parents/guardians, and teachers be on time. Lining up for classes and meals in a timely fashion will maximum time for instruction.
9. Students are only allowed in their own dorm.
10. AN EMERGENCY DRILL will be practiced after the first dinner. Students will line up in groups; adults will check each group and wait for instructions from SOS staff. In case of an emergency evacuation due to fire, transportation emergencies, or other natural disasters, SOS buses will transport students from the school to a secure location.
11. MEDICATION WHILE AT SOS:
 - a. If a student is taking medication while at SOS, that medication needs to be given to the student's teacher before departure to the SOS. All medications must be logged by visiting teachers while at SOS. It is the visiting teacher's responsibility to administer medications while at SOS.
 - b. If a student will be bringing an inhaler, epinephrine, or insulin, a doctor's note must be in the schoolteacher's possession before departure to SOS. Inhalers, epinephrine, and insulin are the only medications to be in a student's possession while at SOS.
 - c. The visiting school's teachers will notify parents if a student becomes ill during their stay. Be sure emergency forms are accurate and complete.

SIERRA OUTDOOR SCHOOL

SPECIAL MEAL STATEMENT FOR PARTICIPANTS WITH ALLERGIES, CHRONIC DISEASES, DISABILITIES, OR VEGETARIAN/VEGAN REQUIRING SPECIAL MEALS

(1) Name of Participant	(2) Age	(3) School
(4) Name of Parent, Guardian or Authorized Representative		(5) Telephone Number
(6) Must Check One: <input type="checkbox"/> Participant is disabled or has a medical condition and <i>requires</i> a special meal or accommodation. <u>A licensed physician must sign this form.</u> <input type="checkbox"/> Participant is not disabled but is <i>requesting</i> a special meal or accommodation. An example may include a food intolerance. However, food preferences are not included as an example. <u>A licensed physician, physician's assistant, or registered nurse must sign this form.</u> <input type="checkbox"/> Participant is vegetarian. <input type="checkbox"/> Participant is vegan.		

(7) Disability or medical condition requiring a special meal:

(8) Diet prescription and/or accommodation: (Please describe in detail to ensure proper implementation):

Foods to be omitted and substitutions: Please list specific foods to be omitted and suggest substitutions. You may use the back of this form for additional information.

(9) Foods to be omitted:	(10) Suggested substitutions:
--------------------------	-------------------------------

(11) Signature of Preparer*		
(12) Printed Name of Preparer	(13) Date	(14) Telephone Number
(15) Signature of Medical Authority*		
(16) Printed Name of Medical Authority	(17) Date	(18) Telephone Number

*Physician's signature is required for meal changes to be made for participants with food allergies, intolerances or chronic diseases. For vegetarian or vegan meals, parent or guardian signature is required.

ENROLLMENT AND HEALTH FORM

School _____

Attendance dates from ____ / ____ to ____ / ____

Name of child _____
First Middle Last

Address _____
Street City Zip

Name of Parent/Guardian _____ Telephone: Home/Cell _____ Work _____

IF YOU CAN NOT BE LOCATED IN CASE OF AN ACCIDENT, WHO SHOULD BE CALLED?

Name of Contact _____ Relationship _____

Telephone: Home/Cell _____ Work _____

SPECIAL PHYSICAL LIMITATIONS WHICH SHOULD BE KNOWN TO CHAPERONES AND CAMP DIRECTOR

Diet problems Asthma Recent Surgery/Illness Allergies Heart Condition Recent Broken Bones / Sprains

If any of the above are marked, please specify: _____

Name and address of Physician _____

Has your child had a tetanus series or booster? Yes No If so, what date? _____

Has your child been exposed to a communicable disease within the past three weeks? Yes No
If yes, what disease? _____ Date they were exposed? _____

In order to protect children from possible embarrassment, the following information is necessary.

Does your child walk in their sleep? _____ Wet the bed at night? _____

Are there other factors that might affect the care of your child? _____

INSURANCE COVERS ACCIDENTS ONLY, NOT ILLNESS. IN THE EVENT OF ILLNESS, IS YOUR CHILD COVERED BY A HEALTH INSURANCE POLICY? IF YES, PLEASE FURNISH US THE WITH FOLLOWING INFORMATION.

Name of Insurance Company _____ Policy Number _____

If child is covered by Medi-Cal (up to date) _____

Child's Date of Birth _____ Card Number _____

IN THE EVENT OF ACCIDENT OR ILLNESS, CLOVIS UNIFIED SCHOOL DISTRICT DOES NOT ACCEPT RESPONSIBILITY FOR PAYMENT. PARENTS WILL BE CONTACTED. CHILD WILL BE TREATED ONLY WITH PARENTAL PERMISSION. PARENTS WILL PAY FOR TREATMENT IF THERE IS NO INSURANCE. If a serious emergency arose, it might be necessary for a physician to attend to your child before your school staff could get in touch with you. Such care can be provided only if you sign the following AUTHORIZATION FOR MEDICAL TREATMENT. These statements below must be signed before your child can be accepted at Sierra Outdoor School.
AUTHORIZATION FOR: _____

TETANUS SHOT/BOOSTER – I hereby give my permission to Sierra Outdoor School to authorize a tetanus shot or booster if deemed advisable by a local physician.

Signature: _____

MEDICAL TREATMENT – I hereby authorize Sierra Outdoor School to provide medical care, including care rendered through the facilities of Adventist Health Sonora Hospital in any emergency which may occur while he/she is attending Sierra Outdoor School.

Signature: _____

It is understood that still and motion pictures may be made of this child as a participant in the program and permission is hereby given for the release of said picture for such purposes as designated by the Director of the Sierra Outdoor School. Parents and/or Legal Guardians hereby give consent for the above-named child to participate in all activities under the direction of Sierra Outdoor School staff, including transportation to and from the location of the program and field trips which are part of the program.

Signature: _____

PLEASE RETURN THIS FORM TO THE SCHOOL YOUR CHILD ATTENDS

Directions to the Sierra Outdoor School

Address: Sierra Outdoor School
15700 Old Oak Ranch Rd
Sonora CA 95370
(209)532-3691

From Hwy 120/108 (From Jamestown 40 min, 15.3 miles)

Mileage	Action	Description
		Continue on 108 through town of Jamestown
0.2	Left	At 2nd Light (Across from GM dealership) turn Left on to 5th Ave
0.3	Right	merge right onto Jamestown Rd.
3.9	Left	Continue to junction with Shaw's Flat Rd. Turn left on Shaw's Flat Rd
0.3	Right	Continue to junction with Hwy 49 (the next stop sign) and turn Right
0.5	Left	Continue to the first stop light. Turn left on to Parrots Ferry Rd
0.3	Right	Continue and turn right on Sawmill Flat road (it's the first right turn)
2.1	Right	Continue for 2.1 miles and Turn Right on to Big Hill Road.
4.7	Left	Continue for 4.7 miles and then turn Left on Old Oak Ranch Rd
2.2		Continue on road 2.2 miles to the Sierra Outdoor School (you do drive through the Old Oak Ranch Conference Center)

From Hwy 4 (From Angels Camp 50 minutes, 23 miles)

Mileage	Action	Description
4	Right	Continue Hwy 4 mile on 4 west and turn right on Parrots Ferry Rd.
9.8	Left	Continue 9.8 miles to Columbia. Turn left on Jackson St.
1.5	Right	Jackson St becomes Yankee Hill Rd and then Sawmill Flat Rd. Follow Road on the sweeping turn to the right
0.1	Left	Continue for 500 ft. and turn left on Big Hill Rd
4.7	Left	Continue on Big Hill Road for 4.7 miles and turn Left on Old Oak Ranch Rd
2.2		Continue on road 2.2 miles to the Sierra Outdoor School (you do drive through the Old Oak Ranch Conference Center)

From Highway 49 from the Junction of Parrotts Ferry Rd (30 minutes, 10 miles)

Mileage	Action	Description
		Turn at the light and continue on to Parrots Ferry Rd
0.3	Right	Continue turn right on Sawmill Flat road (it's the first right turn)
2.1	Right	Continue for 2.1 miles and Turn Right on to Big Hill road.
4.7	Left	Continue for 4.7 miles and then turn Left on Old Oak Ranch Rd
2.2		Continue on road 2.2 miles to the Sierra Outdoor School (you do drive through the Old Oak Ranch Conference Center)

Notice Bus Drivers: The Turn onto Old Oak Ranch Rd from Big Hill Rd is very sharp and should be done as a Left Turn only. If coming From Phoenix Lake Rd, drive past Old Oak Ranch Rd for about a mile and turn around at the closed sawmill. Then make the left turn onto Old Oak Ranch Rd. Old Oak Ranch Rd. is very narrow with no center line and has some blind corners. Please keep to your side of the road as much as possible and honk before blind corners.

Do Not Follow directions that use "Kewin Mill Rd" to travel to Sierra Outdoor School. It will cause you to end up on a narrow one lane dirt road.

Directions to the Sierra Outdoor School

Address: Sierra Outdoor School
15700 Old Oak Ranch Rd
Sonora CA 95370
(209)532-3691

