

Benchmark Advance
Grade 1 Phonics Skills and Spelling Words

Unit	Week	Phonics	Spiral Review	Spelling Words
1	1	Short a	N/A	had, has, pack, ran, see, she, back, cap, sack, pans
	2	Short i ; Plural Nouns	Short a	big, him, hit, kick, kids, lid, little, you, fit, lips
	3	Short o ; Double Final Consonants	Short i	box, doll, hot, jump, lock, mop, one, rock, tops, cots
2	1	Short e	Short o	ten, jet, fed, neck, let, mess, look, are, beg, sell
	2	Short u ; Inflectional Ending -s	Short e	come, cup, duck, dull, here, nut, rug, cub, sun, cuff
	3	f -Blends	Short u	class, clock, flat, glad, plan, put, what, slip, black, plums
3	1	r -Blends: br, cr, dr, fr, gr, pr, tr ; Singular Possessives	f -Blends	brim, crab, trim, went, frog, drip, grass, prop, trip, now
	2	s -Blends: sk, sl, sm, sn, sp, st, sw ; Contractions with 's	r -Blends	skip, step, skin, smell, out, was, spin, sled, spot, slip
	3	Final Consonant Blends: nd, nk, nt, mp, st ; Inflectional Ending -ed	s -Blends	jump, and, pink, hand, nest, went, who, good, trunk, best
4	1	Consonant Digraphs th, sh, ng ; Inflectional Ending -ing	Final Consonant Blends nd, nk, nt, mp, st	bath, bring, our, shop, shut, these, thing, wish, this, rang
	2	Consonant Digraphs ch, tch, wh ; Closed Syllables	Consonant Digraphs th, sh, ng	chop, lunch, catch, check, once, when, whiff, much, match, hurt
	3	Three-Letter Blends scr, spl, spr, squ, str ; Plurals (-es)	Consonant Digraphs ch, tch, wh	split, strap, scrub, squid, stretch, scratch, because, when, sprint, squish
5	1	Long a (final -e)	Three-Letter Blends scr, spl, spr, squ, str	take, made, came, plate, brave, game, right, start, make, skate
	2	Long o (final -e)	Long a (final -e)	home, broke, rode, those, spoke, hole, how, under, close, bone
	3	Soft c, g ; Contractions with not	Long o (final -e)	gem, cent, race, page, dance, strange, face, far, try, stage
6	1	Long i (final -e); Vowel-Consonant-e Syllables	Soft c, g	mine, nice, line, ride, time, white, slice, bike, after, call
	2	Long e (final -e) and Long u (final -e); Inflectional Endings (-ed, -ing, dropping final -e)	Long i (final -e)	these, use, cute, Pete, Steve, huge, long, off, mule, cube
	3	Long a Vowel Teams (ai, ay); Inflectional Endings (-ed, -ing, double final consonant)	Long e (final -e) and Long u (final -e)	stay, paint, mail, way, rain, spray, trail, pay, year, live
7	1	Long o Vowel Teams and Single Letters	Long a Vowel Teams	soap, go, flows, show, found, your, cold, hoe, toe, toast
	2	Long e Vowel Teams and Single Letters; Prefixes un-, re-	Long o Vowel Teams	brief, each, field, fleas, people, seat, we, wheels, where, need
	3	Long i Vowel Teams and Single Letters; Open Syllables	Long e Vowel Teams	sky, tie, find, high, why, bright, pies, again, country, child
8	1	r -Controlled Vowel /är/ ; Compound Words	Long i Vowel Teams	hard, start, park, farm, sharp, yard, dark, part, boy, four
	2	r -Controlled Vowel /ör/	r -Controlled Vowel /är/	short, door, born, store, soar, fork, thorn, more, move, change
	3	r -Controlled Vowel /ür/ ; Vowel+r Syllables	r -Controlled Vowel /ör/	turn, first, bird, clerk, nurse, serve, shirt, hurt, earth, every
9	1	Vowel Pattern /ou/ ; Comparative Inflectional Endings -er, -est	r -Controlled Vowel /ür/	loud, how, down, count, round, frown, sprout, brown, before, done
	2	Vowel Pattern /oi/ ; Suffix -ly	Vowel Pattern /ou/	join, toy, coin, boy, spoil, joy, point, moist, walk, buy
	3	Vowel Pattern /oo/, /öo/ ; Vowel Team Syllables	Vowel Pattern /oi/	soon, hook, good, bloom, smooth, wood, shook, tooth, does, another
10	1	Silent Letters	Vowel Pattern /öo/, /öö/	gnat, knight, knob, know, sign, wrap, wrist, wrong, better, learn
	2	Vowel Sound /ö/ ; Suffixes	Silent Letters	caught, chalk, draw, father, fault, never, small, taught, yawn, launch
	3	Long e Spelled -y, -ey ; Consonant-le Syllables	Vowel Sound /ö/	lucky, valley, windy, hockey, easy, turkey, penny, chimney, blue, eight